



PULSE

DIAGNOSIS



TO REGISTER CLICK [HERE](#)



ACCREDITED BY ATAB

Welcome!

Welcome to Ayushakti's Pulse Reading Course, designed for Ayurveda students and practitioners seeking to deepen their diagnostic skills.

Join us as we unlock the power of traditional Ayurvedic pulse diagnosis to identify imbalances in body, mind, and spirit. Discover how to interpret the subtle qualities of the pulse, offering targeted treatments for restoring balance and promoting holistic well-being.

LEARNING OBJECTIVE



Historical and philosophical foundations



Techniques for palpating and interpreting the pulse



Identifying dosha imbalances and AAM (toxins)



Assessing Agni (metabolic fire) and Dhatu Dushti (tissue imbalances)



Locating health issues within the body.



Detecting blocks in the strotas (channels)



Understanding holistic well-being through pulse analysis



CORE SYLLABUS

Our program welcomes both beginners and experienced practitioners, offering enrichment through foundational basics and opportunities for personal growth, transformation, and deepening practice.

Outcome

TO SENSE THROUGH PULSE READING:

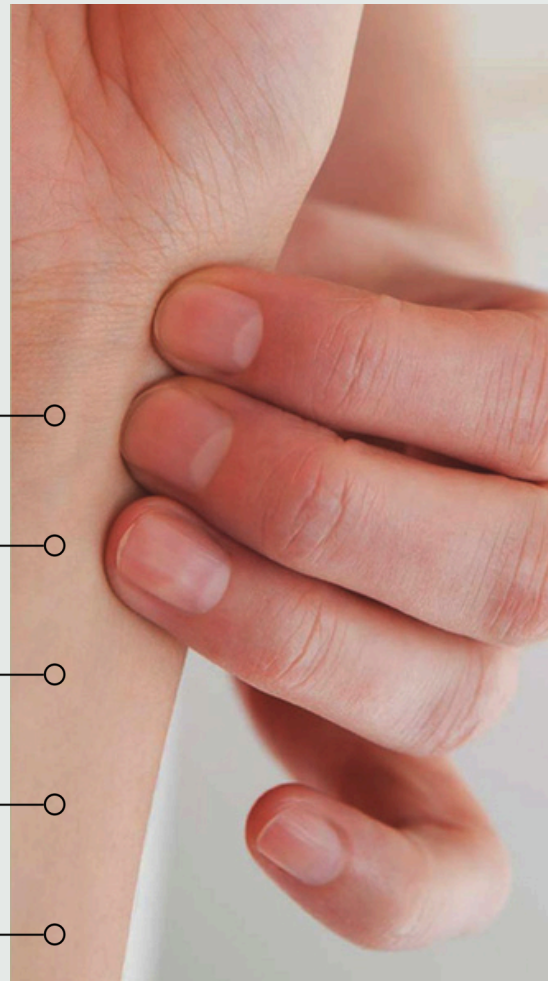
✓ Neck, back and knee pain

✓ Skin disease

✓ Anxiety and depression

✓ Digestive disorders

✓ Respiratory disorders



COURSE CONTENT

1.

SPECIAL TRAINING

·1 recorded (special teaching) session from Dr Smita Naram

3.

COMMUNITY ACCESS

·An opportunity to ask/discuss the questions through whatsapp group

2.

TEACHING TRAININGS

·10 recorded teaching sessions from Ayushakti Vaidya

4.

ACCESS FOR 1 YEAR

·Access to all recordings and all (downloadable) study material for 1 year from registration

GENERAL INFORMATION



BENEFICIAL FOR WHOM?

- Any Ayurveda aspirant Any
- Medical practitioners (BAMS, MBBS, BHMS)
- Naturopath, Osteopath, Chiropractors, Healthcare, and Wellness practitioners, Heilpraktiker Alternative practitioners
- Any medical students

ABOUT AYUSHAKTI



Founded in 1987



Over a million people served globally



Helped individuals from 108 countries



Specialized in treating chronic health challenges



Vision: Creating a world of health, happiness & bliss



CLASS INFORMATION



Language: English



- 15+ hours recorded educational sessions to watch and learn (downloadable teaching videos)
- 25 hours self-study / practice per week for 3 months – $25 \times 4 \times 3 = 300$ hours



Following each session, complete online MCQ assessments within 1 year of registration.



For any query or required assistance contact: education@ayushakti.com



Upon successful completion of all assessments, follow the outlined process [here](#) to download your certificate.

TO REGISTER CLICK [HERE](#)

FOLLOW US HERE:

