



Ayushakti Academy of Ayurveda
Mumbai, India

Certificate course in

Kaychikitsa



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*This program is intended to provide practical education
to the students and practitioners.*

- **350+ health conditions are classified under different strotas in systematic way**
 - Annavaha strotas related
 - Purishvaha strotas related
 - Mutravaha strotas related
 - Rasavaha strotas related
 - Pranavaha strotas related
 - Raktavaha strotas related
 - Mamsavaha strotas related
 - Medavaha strotas related
 - Asthivaha strotas related
 - Majjavaha strotas related
 - Manovaha strotas related
 - Aartavaaha strotas related
 - Shukraavaha strotas related
 - Eye related
 - Live related
 - Hair related
 - Autoimmune related
 - Cancer related
 - Child health related
- **Modern and ancient science view**
- **Causative factor**
- **Ayurvedic Pathology for each health challenge**
- **Diagnostic tool - Pulse and modern methods**
- **Principle treatment**
- **Ayushakti herbs and it action**
- **Diet**
- **Lifestyle**
- **Pulse diagnosis part 3**
 - Learning pulse on deeper level
 - Knowing pulse of health Heart, Kidney, Liver related health conditions
 - Feeling the pulse of health conditions like Hormonal imbalance, Fibroid, Infertility
 - Understanding the pulse that is getting better

- Panchkarma therapies part 3

Practical training in Panchkarma and allied therapies

- Leech therapy
- Agni karma
- Oil massage



Outcome

Completing a certificate course in Kayachikitsa can provide numerous benefits for both personal and professional development. Here are some key points:

- **Specialized Knowledge:** Gain in-depth understanding of Kayachikitsa, which focuses on the treatment of internal health challenges through Ayurvedic principles, including the use of herbal remedies and lifestyle modifications.
- **Enhanced Clinical Skills:** Develop advanced clinical skills in diagnosing and treating a wide range of internal disorders using Ayurvedic methods, improving client care.
- **Improved client Outcomes:** Enhance your ability to offer effective, personalized treatments for clients suffering from chronic and acute internal conditions, leading to better health outcomes.
- **Professional Credibility:** Obtain a recognized certification that validates your expertise in Ayurvedic herbal remedies, boosting your professional credibility and standing in the healthcare community.
- **Research and Development:** Engage in research opportunities within the field of Kayachikitsa, contributing to the advancement of Ayurvedic herbal remedies

Mode of class: HYBRID

- 60+ hours recorded educational sessions to watch and learn (downloadable teaching videos)
- 8 days in person learning / practice– 8 hours * 8 days =64 hours (visit to Ayushakti India with personal arrangement & cost)
- 27 hours self-study / practice per week for 10 months – 27*4*10=1080 hours

Eligibility

- Successfully completed of Certificate course in Ayurvedic Basics
- Any Medical practitioners (BAMS, MBBS, BHMS)
- Naturopath, Osteopath, Chiropractors, Healthcare, and Wellness practitioners, Heilpraktiker
- Alternative Practitioner
- Any Medical students

Duration: 1 year

- 1200 Hours (Class, Self study, Practice, and Attempting Evaluation)

Evaluation method

- After each session, online MCQ type assessment to be attempted within 1 year from registration
- To show/do practical demo and to attempt VIVA session
- Submission of practical



After successful completion of all assessments you will be able to download Certificate of Completion issued by Ayushakti Academy of Ayurveda

To register click on ENROLL NOW on below given link



<https://education.ayushakti.com/course/CertificateCourseinKaychikitsa-65859>

For any query or required assistance contact details:



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