



70 PACE CREDITS

ANNOUNCING – **MARMA MASTERY** –

Your Transformative
7-Day Journey in Rishikesh!

April 9th – 15th, 2025

Parmarth Niketan Ashram, Rishikesh

A once-in-a-lifetime opportunity to master the profound art of Marmaa Shakti is here! For the first time ever—and possibly the last—we are offering an intensive 7-day training program in Rishikesh, designed to help you discover, practice, and master these time-tested healing secrets of Marma Shakti.

A Sacred Journey of Healing, Learning & Spiritual Awakening



Nestled in the Himalayan foothills, on the serene banks of the holy Ganga River, lies Parmarth Niketan Ashram—a place of divine energy and ancient wisdom. Over seven transformative days, immerse yourself in the profound science of Marma Shakti combined with powerful spiritual practices to nurture your body, mind, and soul.

This is not just a course—it's a sacred retreat where you will learn, heal, and evolve in the spiritual vibrations of Rishikesh, the **Yoga Capital of the World**.

Objective of the Course

Step into the world of Marma Shakti, a time-honored Ayurvedic science that activates the body's self-healing potential. This program will empower you with both theoretical wisdom and hands-on experience, enabling you to heal yourself and others naturally.

Participants will gain:



Profound understanding of Marma energy points and their healing effects.



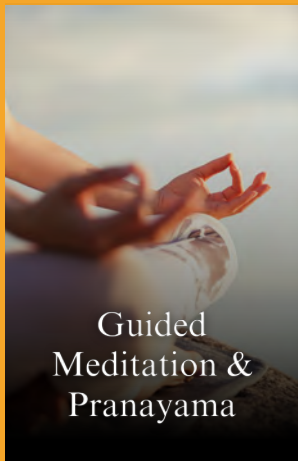
Practical techniques to restore balance, mental clarity, and physical well-being.



A bridge between ancient healing traditions and modern applications.

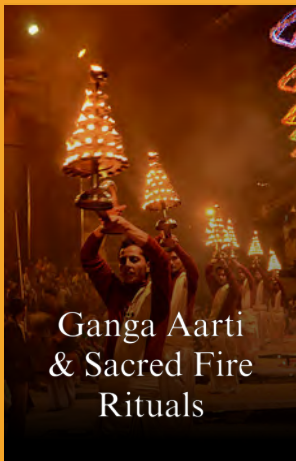
Infusing Healing with Spiritual Practices

Beyond physical healing, this course integrates deep spiritual practices to bring holistic transformation. You will experience:



Guided Meditation & Pranayama

Cultivate stillness, balance emotions, and awaken inner vitality.



Ganga Aarti & Sacred Fire Rituals

Absorb the divine vibrations of age-old devotional ceremonies.



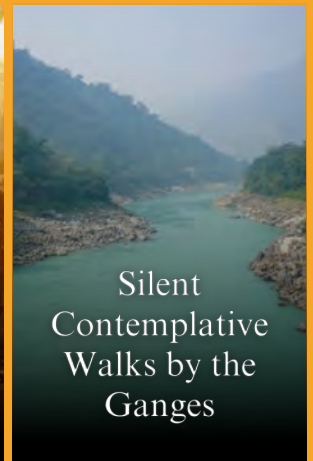
Chanting of Ancient Mantras

Elevate consciousness and align with universal energies.



Satsangs & Spiritual Discourses

Gain wisdom from enlightened masters, bridging Ayurveda with spiritual enlightenment.



Silent Contemplative Walks by the Ganges

Reflect, recharge, and attune yourself to nature's rhythm.

This unique blend of Ayurvedic science and spiritual awakening ensures a deeply transformative experience, nurturing your body, mind, and soul.

Highlights of Your 7-Day Learning experience & Spiritual Awakening



Deep Dive into Marma Shakti

- Learn the science of Marma energy points and their role in healing & rejuvenation.
- Hands-on training with Vaidya Krushna Naram and expert Ayushakti Vaidyas.
- Discover how to integrate Marma Shakti into daily life for holistic well-being.



Sacred Surroundings & Holistic Lifestyle

- Absorb the spiritual energy of Rishikesh, set against the majestic Himalayas.
- Yoga & self-reflection to align your body, mind, and soul.
- Silent Ganga walks for inner clarity & peace.



Spiritual Practices & Inner Transformation

- **Morning Meditation & Pranayama** – Start each day with breathwork & silence to harmonize your energy.
- **Ganga Aarti at Sunset** – Experience the sacred fire ritual on the holy Ganga River.
- **Mantra Chanting & Kirtan** – Elevate your vibration with sound healing & devotion.
- **Satsangs & Wisdom Talks** – Gain deep insights from spiritual & Ayurveda masters.



Detox & Rejuvenation

- Experience Ayurvedic self-care for detoxification & balance.
- Enjoy Sattvic meals that enhance energy, clarity, and longevity.
- Learn Marma detox techniques to release negative energy & stress.





Why This Experience is

Life-Changing

- Activate your body's natural healing powers through Marma Shakti.
- Immerse yourself in spiritual practices that promote peace & transformation.
- Surround yourself with like-minded seekers in a high-energy environment.
- Return renewed, recharged, and deeply connected to yourself & the universe.

Who Should Attend?

- Healthcare Practitioners – Ayurveda, Yoga, Physiotherapy, Holistic Therapists
- Anyone Interested in Self-Care & Alternative Medicine
- Wellness Enthusiasts – Individuals seeking natural healing methods

Certification & Course Details



Parmarth Niketan Ashram,
Rishikesh



April 9th – 15th, 2025

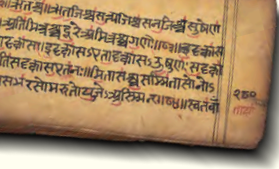


Ayushakti Academy of Ayurveda

Accreditation:

Participants will earn 70 PACE credits from NAMA





Course Instructors

Vaidya Krushna Naram & The Ayushakti Vaidyas

Renowned experts in Ayurveda & Marma Shakti, bringing authentic healing wisdom to the world.



For Registration & Queries:

Email: education@ayushakti.com

Registration Options

- Option 1 -

[Contribution towards Learning](#)

Learning Only
(Excludes Travel, Stay & Food)

Early Bird

(Before March 15, 2025)

\$ 997

Standard

(March 16 - March 31, 2025)

\$1,497

- Option 2 -

[Investment for all Facilities](#)

All-Inclusive Package
(Stay, Food & Learning Included)

Early Bird

(Before March 15, 2025)

\$2,997

Standard

(March 16 - March 31, 2025)

\$3,497

Accreditation

Participants will earn 70 PACE credits from NAMA



Limited seats available. Secure your spot now!

CLICK HERE TO ENROLL



Exclusive **BONUSES**

for Participants



**Enroll in the Marma Shakti Course and
unlock these incredible benefits!**



- Complimentary Access to

AAPCON 2025

Worth \$150

Global Conference on Ayurveda

Worth \$ 150



5 - 7
March 2025



Taj Lands End,
Bandra, Mumbai



9:00 AM -
6:00 PM

BENEFITS

- **Exclusive Learning** – Gain direct insights from renowned Ayurvedic masters in **25+ knowledge-packed sessions**.
- **Networking & Collaboration** – Connect with **500+ Ayurvedic practitioners (Vaidyas)** and **build valuable professional relationships**.

- Complimentary Access to Two Premium

ATAB-Accredited Ayushakti Education Programs

Choose any 2 from the following self-paced, expert-led courses:



Pulse Diagnosis - Nadi Pariksha (Recorded)

Learn the ancient art of pulse reading.
(Worth \$499)



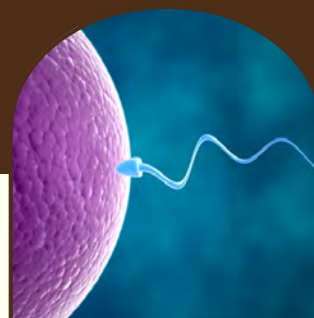
Ayurvedic Arthritis Training (Recorded)

Understand Ayurveda's approach to joint health.
(Worth \$297)



Women's Health and Wellness (Recorded)

Dive deep into Ayurvedic healing for women's health.
(Worth \$997)



Men's Reproductive Health (Recorded)

Explore natural solutions for men's well-being.
(Worth \$297)

Access these courses online and expand your knowledge at your own pace!

(More details: [**ATAB Program**](#))

- Exclusive Discounts & Additional Perks

10% Discount on Panchkarma / Detox at Ayushakti Clinics (Mumbai or Goa)



Restore balance and rejuvenate with an authentic Ayurvedic Panchkarma detox.

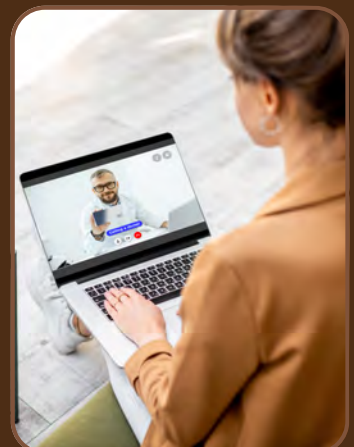
Validity: Redeem this special offer until March 31, 2026.



- Three Online Consultations **with Ayushakti Vaidyas**

Get expert guidance tailored to your health needs from experienced Ayurveda practitioners.

Validity: Use this benefit until December 31, 2025.





Join MARMA SHAKTI COURSE

& Elevate Your Ayurvedic Journey!

These exclusive bonuses are designed to enhance your learning, deepen your healing practice, and offer ongoing support for your wellness journey.

Don't miss this life-changing opportunity!

**Transform Your Passion into Expertise –
This is Your Moment!**

WATCH A GLIMPSE OF OUR PAST EDUCATIONAL PROGRAM

[Click here to watch](#) 

Don't miss this rare opportunity to learn, heal, and awaken your true potential!



Click Here to Enroll 

For Registration & Queries:

 education@ayushakti.com  www.education.ayushakti.com

"Enrich Your Life with the Power of Ayurveda!"

